

Senior Resources Committee  
Minutes of the Monthly Meeting of the Committee  
Oct 17, 2023  
6:00 PM

Location of Meeting:  
Sunnycrest Conference Room  
268 Mammoth Rd B  
Londonderry, NH

Present at Meeting: Jim Green - Chair, Deb Desrochers - Secretary, Lois Dziergowski, Sherry Farrell, Elizabeth Robertson, John Wilson, Barbara Mee - Members; Tim O'Donaghue - LPD Liaison; Kevin Grey - School Board Liaison. Matt Fuller - Library Liaison; Ilona Arndt - Senior Affairs Director

The regular meeting of the Committee of Senior Resources Committee was called to order at 6:00 PM on Oct. 18, 2023 by Jim Green.

**I. Approval of Agenda**

The agenda for the meeting was distributed and unanimously approved.

**II. Review of Previous Minutes**

The minutes of the previous meeting were reviewed and unanimously approved.

**III. Liaison Updates**

- Kevin discussed the future of full day kindergarten and upcoming warrant article for buildings.
- Tim introduced himself and discussed his history with the LPD and before.
- Matt said the library now has "tech" help for laptops, phones etc. every Thursday 10am -12pm. All ages are welcome.
- Ilona said the "Jam secession" was a hit. There were over 45 people in attendance. They are having a "Trunk or Treat" at the center on Oct 31st. In Nov. There will be the craft fair and the LFD annual Thanksgiving meal. In Dec. There will be the "Holiday Brunch". The center will be closed the week of Christmas. Also the YMCA has started some programs for seniors and will be adding more.

**IV. Consideration of Open Issues**

Expo: Jim went to "Silver Linings Expo" in Manchester and he said ours was much better! Ours was much more service oriented rather than "selling" things to seniors.

Discussion about how the next Expo can be better:

1. There needs to be rest stations throughout the Expo for people to sit down as they get tired from walking around.
2. Aisles need to be wider.

3. Better signs for where to enter.
4. Water as well as snacks & coffee.
5. We need to use more space if possible in the middle school (halls).

It was decided that there should be a subcommittee to oversee 2024 Expo. Tim, Ilona & Deb volunteered to be the subcommittee. Tim and Deb will see if the middle school would allow us to use hallways etc. to give more room for attendees. If not then an alternate venue will be decided on by the full committee.

Ilona stated that she received a bill for the polo shirts that Patrick had ordered. The committee thought that these were being paid for by a donation. There had been no vote by the committee to allocate funds for them. Tim said he would find out about it.

#### **V. Consideration of New Business**

The following items will be on the agenda for 2024.

1. Go over the committee charter and decide if it is still current for what the committee wants to accomplish.
2. Senior housing in Londonderry. The issues for seniors & how they can be addressed. Give town council a presentation.
3. Attend Planning Board meeting and give presentation.
4. AARP Livability.
5. NH Commission on Aging
6. National Council on Aging

#### **VI. Agenda and Time of Next Meeting**

The next meeting will be held at 6:00 PM on November 21, 2022 at:  
Sunnycrest Conference Room  
268 Mammoth Rd B  
Londonderry, NH

The agenda for the next meeting is as follows:  
Jim Green will send agenda for next meeting.

The meeting was adjourned at 7:15 PM by Jim Green.  
Minutes submitted by: Deb Desrochers  
Minutes approved by: Committee

# EXPO EVALUATION FORM

26 FORMS WERE RETURNED

These are the questions responses. The number is how many commented the same thing.

## 1. OVERALL OPINION OF EXPO:

Nice \_  
Great vendors 4  
Great! 20  
Well organized 3  
Great communication  
Well attended 7  
Need bigger space  
Everyone very helpful  
Good resource for vendors too

## 2. WHAT COULD WE DO TO IMPROVE:

Hours 9-12  
Hours 10-1 8  
More room for vendors & bigger space (hard to talk when tables are so close) 16  
Better signs to show entrance from parking lot  
Stay the same but have a place to buy food  
More organizers to give direction during set up  
Name tags for attendees  
Can't think of anything! You nailed it!  
Breakout info sessions

## 3. WHO ELSE SHOULD WE HAVE INVITED TO MAKE THIS MORE VALUABLE TO SENIORS:

More demos and sitting areas throughout Expo (chairs here and there)  
Shuttle in parking lot  
Physical therapists, estate planning & counseling services  
Good mix already  
Rotary, Lions club, Legion, Auto ins & safety  
Food vendors or truck outside 4  
Food pantry  
Add a senior citizen survey from the town asking what the town needs to do for seniors.  
Computer class or smart phone class

## 4. OTHER COMMENTS:

none